Beginning Piano

4 Sessions/April 13, 20, 27, May 4

Time: 2:30-3:30PM; Cost: \$80

Instructor: Adam Brown

A 4-week class introducing adults to the basics of piano: basic chords and scales, number system, keeping time, song standards, classical songs, and

arrangements.

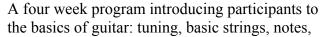
Beginning Guitar

MEMORIAL HOSPITAL'S

4 Sessions/ May 11, 18, 25, June 1

Time: 2:30-3:30PM; Cost: \$80

Instructor: Adam Brown



chords, and song accompaniment.

Fun & Fitness

Provided by Memorial's Health Place at Hixson



Wednesdays, 10:00AM-11:00AM Intermediate Have fun while you exercise! \$1 Gold Circle Members /\$2 non-members

Low Impact Aerobics

Mondays & Fridays, 11:00AM– 12:00PM
Instructor: Liz Henderson
\$1 for Gold Circle Members /\$2 non-members

Hobbies for Health: Knitting Wednesdays, 10:00AM - 11:00AM Instructor: Kathy Maxwell

For Programs: 870-8924

Painting for Fun & Composition

5 Sessions

Wednesdays, June 1, 8, 15, 22, 29

\$90

Instructor: Robin Townsend

1:15 PM-4:00 PM

A lighthearted and whimsical approach to introducing composition. The instructor goes beyond locating a focal point; she looks at various ways of leading the eye and creating harmony. Students may choose other painting media although the artist demonstrates with acrylics.

Wee Dance Introduction to Tap Dance Adults/Senior Student

5 Sessions/Thursdays—July 1, 8, 15, 22, 29

10:00AM-11:00AM; Cost: \$25

Instructor: Jerrie Muncie

Tap dancing is an American traditional art form and a rhythmic expression style of dance. Tap dance is a skill that helps regain and re-educate large motor movement. Tap dance also increases endurance and helps to establish better balance. Each session begins with moderate stretching to increase flexibility. Participants will master 1-2 dance routines by the end of the session.

Faux Stain Glass

4 sessions/ July 1, 8,15, 22

Time: 10A.M.-11A.M.

\$40

Instructor: Glenda Thompson

Lights, Action, Color – Add color to your world by creating faux stained – glass sun catchers, ornaments, or various artwork. Students learn how to use a simple method of applying liquid lead and glass color to solid pane pre-cut glass. Classes will meet for one hour, for four weeks. Supplies will be provided.



► North River Civic Center



Recreational, educational, and fitness programs for adults and seniors. Come out and play! Create an atmosphere that is fun for everyone by giving input and getting involved.

WE ARE HERE FOR YOU!

www.chattanooga.gov/cpr

Beginning Drawing Making Poetry Through Drawing

4 sessions/10:00A.M. - 11:30A.M.

April 15, 22, 29, May 6; Cost: \$50

Instructor: Frances McDonald

"Making poetry through drawing is something we are all capable of" according to instructor Frances McDonald. This class will help you find the inner artist unknown to many of us! Bring your favorite drawing materials or call for advice at 756-9084.

Stained Glass Lead Techniques

Every 4th Monday, Beginning May 24th 3:00PM-5:00PM

\$55

Instructor: Gayla Dunfee

You will learn several different techniques the professionals use in their stained glass. Learn what sizes of lead to use, how to cut the lead to fit and why does lead have to be stretched? Participants will also learn about proper storage and disposal of lead.

Join our Card Clubs

Hang out with old friends, meet new friends, and have FUN!

Play Canasta, Rook, Bunco

Tuesdays 1:30-3:30/Fridays 10:00-1:00PM

Bridge Fridays 10:00AM-1:00PM



Proper Way of Planting

Friday, May 7th 11:00am

Instructor: Jim Denham

How to Grow Roses

Friday, June 4 1:00pm - 2:00pm FREE; Instructor James Bennett Introductory class to the different types of roses. You will learn plant-

ing, pruning, potting, & caring for your roses.

Acrylic Painting-Experiment and Learn Mixing Color, Applying Texture

or Traditional Painting

April 5, 12, 19, 26, May 3, 10

6-sessions / Mondays

Time: 3:00-5:00PM

\$105

Instructor: Evelyn Williams

Beginning and intermediate participants will become familiar with mixing and blending colors while creating a 16" x 20" painting of their choice (either landscape, still life, or animals). The minimum students is 5, maximum number is 10. Students must provide their own materials.

China Painting/Porcelain Art

4 Sessions/ May 12, 19, 26, June 2

Wednesdays, 2:00-5:00 PM

\$40

Instructor: Claudia Moss

Beginning to advanced students will learn the painting, composition, color and firing techniques of china painting. China pieces may be purchased from instructor.



Life Drawing Mondays, 10:00AM-12 noon

Join advanced artist group who pool together to hire model, no instructor.

Media: charcoal and

pastels

Faux Stained Glass

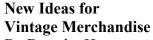
4 Sessions / April 15, 22, 29, May 6

Time: 10:00A.M.—11:00A.M.

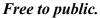
\$35

Instructor: Glenda Thompson

Lights, Action, Color – Add color to your world by creating faux stained glass sun catchers, ornaments, or various artwork. Students learn how to use a simple method of applying liquid lead and glass color to solid pane pre-cut glass. Classes will meet for one hour, for four weeks. Supplies are provided.



By Dorothy Henry Wednesday, May 5 11:00 AM-12 noon





Refurbish your vintage fashions and brighten up your old wardrobe! Add style to those old dresses, sweaters and coats by spending very little or no money at all. Learn how to recover purses, appliqués', glue on buttons, and fake fur. Sparkle up an old pair of shoes. Discover new ideas to create your own design just for fun!

For Programs: 870-8924